AL-ANON MEETINGS

CEDAR CITY

Tuesday

7:00pm Easy Does It - KKCB 203 E Cobble Creek

upstairs in small meeting room

Thursday

6:00pm Hope For Today - KKCB 203 E Cobble Creek

upstairs in small meeting room

HURRICANE

Wednesday

5:30pm - AFG - Pioneer Museum, 35W State St

Basement in the back

ST. GEORGE

<u>Monday</u>

12 noon Thank God It's Monday – SW Behavioral Center

474 W-200N #208

6:00pm Dixie Men's Stag- USARA, dual members welcomed

113 East 200 North Suite 1

Tuesday

8:00pm Al-Anon Meeting - Alano Club

<u>Thursday</u>

8:00pm Al-Anon Meeting - Alano Club

8:00pm St George Al-teen - Alano Club (1st & 3rd Thursday)

Friday

12 noon Serenity Seekers - Good Shepard Presbyterian Church

611 N 2450 E, conference center behind church

6:00pm Newcomers-SW Center-474W-200N, childcare available

AL-ANON PHONE NUMBERS

Please call the local contact number to confirm the accuracy of current meeting information

 CEDAR CITY
 Manny @ 435-559-3333

 HURRICANE
 Sheila @ 503-791-6557

 MESQUITE, NV
 Jan @702-533-3960

 ST. GEORGE
 Missy @ 612-309-4805

 SPRINGDALE
 Megan @ 435-772-3393

Or call or visit: Al-Anon/Alateen Information Service 5056 South 300 West. Murray. UT 84107

Open 10am to 4pm Monday through Saturday 801-262-9587 (local) 866-262-9587 (toll free) www.utah-alanon.org

GENERAL RECOVERY

general recovery meetings do not observe AA's traditions

Sunday

5:30 pm Couples in Recovery - Alano Club

Monday

5:15 pm Women's Double Winners AA/Al-Anon - Alano Club

MESQUITE, NEVADA AA MEETINGS

https://lvcentraloffice.org/meetings/

AL-ANON MEETINGS

www.nevadaal-anon.org/Anon.org

ARIZONA STRIP AA MEETINGS

ALL ARIZONA MEETINGS ARE MOUNTAIN STANDARD TIME YEAR-ROUND (NO DAYLIGHT SAVINGS)

Tuesday @ noon

Kaibab Living Sober – Kaibab Community Bldg 2230 N Pipe Spring Rd (Kaibab Paiute Reservation)

PHONE LIST

CALL SOMEONE BEFORE YOU DRINK! Get phone numbers of other AA members:

1. N	lame:		
P	hone:		
2. N	lame:		-
P	hone:		-
3. N	lame:		
P	hone:		-
4. N	lame:		-
P	hone:		-
5. N	lame:		
P	hone:		-
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			-
P	hone:		-
7. N	lame:		
			-
r	none:		-
8. N	lame:		-
		de for up to date meeting information fro	om Di



Central Office online web page.

Alcoholics Anonymous & Al-Anon

MEETING SCHEDULE District 7 UTAH

May 2024

Published monthly, changes from previous month in *italics*



Dixie Central Office

P.O. Box 1715, 165 North 100 East #4 St. George, UT 84770 435-674-4791

For online meetings e.g. zoom and more, log on to dixieaaoffice.com

Utah Area: <u>aaofutah.org</u>

GSO NY AA: www.aa.org

Utah AA District 7 **435-635-9603**

DIXIE ALANO CLUB

559 North 1060 East St. George, UT 84770 (435) 673-0608

KKCB Meeting Hall

203 E. Cobble Creek -Upstairs Cedar City, Utah

<u>Spanish Speaking Meetings:</u> <u>Contact Carlos – 801-427-5015</u>

For changes or corrections to this meeting schedule, email Dixie Central Office at: support@dixieaaoffice.com

ALL MEETINGS ARE OPEN AND NON-SMOKING UNLESS OTHERWISE NOTED.

O - <u>OPEN</u> – all are welcome to attend; participation is limited to those who have a desire to stop drinking.

C - CLOSED - attendance is limited to those who have a desire to stop drinking.

Z - ZOOM– go to <u>dixieaaoffice.com</u> for logon information.

SUNDAY

CEDAR CITY

7:00 am What a Way to Start the Day - KKCB Hall

11:00 am TGISS - KKCB Hall

6:30 pm 12x12 Step Study, KKCB Hall

IVINS

5:30 pm Freedom Group-Southern Utah Veteran Home

160 North 200 East, multipurpose room, Thru main door and check in at front desk

KANAB

10:00 am Sunday Morning Spiritual Meeting

St. Christopher's Catholic Church, 200 S. Main St.

7:00 pm As Bill Sees It - St. Christopher's Catholic Church

200 S. Main St., basement

PAROWAN

5:00 pm Parowan Book Study – United Methodist Church 190 N Main St, house around back

ST GEORGE

9:00 am S.A.S.S. (C) Alano Club

11:00 am Spiritual Meeting - Alano Club

7:30 pm Sunday Solution – Alano Club

8:00 pm Dixie Group – "Joe and Charlie" discussion

USARA, 113 East 200 North

MONDAY

CEDAR CITY

7:00 am 7 In 7-step/tradition study –KKCB Hall

10:00am Our Herd women's mtg – KKCB Hall

12 noon Speaking From The Heart – KKCB Hall

6:00 pm Misfits – KKCB Hall

7:15 pm Drop The Rock- men's mtg, KKCB Hall

KANAB

12 noon Came to Believe - American Legion Hall

486 Senior Center Way

7:00 pm Altered Attitudes Group - St. Christopher's Catholic

Church 200 S. Main St. basement

ST GEORGE

7:00 am Rise and Shine - Alano Club **12 noon** High Noon Meeting - Alano Club

6:30 pm Women's Living In The Light II (Z,C) - Alano Club

6:00 pm Men's Big Book Study (C) – Alano Club **8:00 pm** Boiled Owl Big Book Study - Alano Club BEAVER 6:30pm

6:30pm Highlighters Book Study– Denny's 630 W 1400 N Across from Eagles Landing

MONDAY continued

SPRINGDALE

6:30 pm Springdale Serenity Group

126 Lion Blvd Community Center Library Room

ENOCH

6:30 pm Red Hills Life Recovery (C) Southern Baptist Church

4277 Wagon Wheel Dr E TUESDAY

BIG WATER

7:00 pm AA meeting at Big Water City Offices, 60 Aaron Burr

CEDAR CITY

7:00 am 7 In 7 Step/tradition study – KKCB Hall 12 noon Speaking From The Heart – KKCB Hall

12 noon The Great Fact (C) True Life Center, 2111 N Main St

6:00 pm Misfits – KKCB Hall

8:00 pm The Cedar City Group - KKCB Hall

LA VERKIN

7:00 pm The Steps We Took, women's step study (Z,C) bring BB and 12x12 – Mtn View Bible Church 88 N State St

PANGUITCH

7:00 pm Firehouse 12x12 – 55 S Main St, around back of courthouse in basement

HURRICANE

7:00 pm Hurricane Big Book Study - Hurricane Museum, 35 State St. downstairs behind the bleachers

KANAB

6:00 pm Singleness of Purpose (C) topic United Church 530 US-89A

ST GEORGE

7:00 am Rise and Shine - Alano Club

12 noon High Noon Meeting - Alano Club **6:00 pm** Back to Basics (C) Alano Club

6:00 pm The Jaywalkers – Big Book study

USARA, 113 East 200 North

7:00PM Tonaquint Group -Shepard Of The Hills Methodist Church

920 W Tonaquint Dr

8:00 pm Newcomer's Meeting - Alano Club

WEDNESDAY

CEDAR CITY

7:00 am What a Way to Start the Day - KKCB Hall

12 noon As Bill Sees It – KKCB Hall

6:00 pm Misfits – KKCB Hall

BEAVER

12 noon Beaver Nooner's 30W 300N City Office Bldg

SPRINGDALE

2:00pm Step Shift - Community Center, Aux Rm. 126 Lion Blvd

WEDNESDAY continued

HURRICANE

7:00 pm Newcomers – Hurricane Museum

35 State St, downstairs behind the bleachers

KANAB

12 noon Newcomers Meeting - St Christopher's Catholic Church

200 S. Main St. basement

PAROWAN

7:00 pm - Red Creek Group - 685 N 300 E

ST GEORGE

7:00 am Rise and Shine - Alano Club
12 noon High Noon Meeting - Alano Club

12 noon Women Recover Too (C) USARA, 113 East 200 North

6:00 pm Daily Reprieve – "As Bill Sees It" discussion

Southwest Behavioral Cntr, 474 W 200 N, room 104

6:00 pm Grupo Fortaleza (Spanish) Alano Club

8:00 pm We Are Not Saints (YPAA) – Southwest Behavioral Cntr 474 W 200 N. rooms 203 & 204

TROPIC

6:00 pm Tropic Group - Heritage Center, 20 N. Main

<u>VEYO</u>

6:00 pm DV Brookside Firehouse Group -436 E Wells Fargo

Dr

THURSDAY BEAVER

7:00 pm Beaver Fellowship Group 30 W 300 North City Office Blda

CEDAR CITY

7:00 am 7 In 7 Step/tradition study – KKCB Hall 12 noon Speaking From The Heart – KKCB Hall

6:00 pm Misfits – KKCB Hall

HURRICANE

7:00 pm Firehouse Group - men's meeting
Hurricane Museum, 35 State St
downstairs behind the bleachers

KANAB

12 noon Came to Believe (C) American Legion Hall

486 Senior Center Way

6:00 pm Singleness of Purpose (Z,C) – step study United Church 530 US - 89A

Officed Charch 550 05 - 69F

ST GEORGE

7:00 am Rise and Shine - Alano Club
12 noon High Noon Meeting - Alano Club
6:00 pm Tolerance 12x12 Step Study (C) USARA

113 East 200 North

6:30 pm Womens Design For Living Step Study (C) - Alano Club

7:00 pm As Bill Sees It Discussion – New Promise Lutheran 244 S Valley View

8:00 pm Thursday Nite is Alright - Alano Club

FRIDAY

ESCALANTE

6:00 pm Friday Night Discussion Group

190 W Main St, corner of Hwy 12 & 220 W

HURRICANE

7:00 pm Firehouse Group-speaker/share-Hurricane Museum 35 State St. downstairs behind the bleachers

KANAB

12 noon Nooner's Altered Attitudes – St Christopher's Catholic Church 200 S. Main St

CEDAR CITY

7:00 am What a Way to Start the Day - KKCB Hall 12 noon The Great Fact (C) True Life Center

2111 N Main St

12 noon Speaking From The Heart - KKCB Hall

6:00 pm Misfits – KKCB Hall, upstairs

ST GEORGE

7:00 am Rise and Shine - Alano Club
12 noon High Noon Meeting - Alano Club

6:00 pm Grupo Fortaleza (Spanish) Alano Club

8:00 pm Candlelight - Alano Club

BEAVER

7:00 pm Beaver Fellowship - 30W 300N City Office Bldg (last Saturday of each month 6pm Potluck followed by

SATURDAY

7pm speaker meeting)

CEDAR CITY

7:00 am 7 in 7-Step/Tradition Study- KKCB Hall

12 noon Speaking From The Heart - KKCB Hall

6:30 pm BB Study – KKCB Hall, upstairs **8:00 pm** "My Story" Speaker Meeting - KKCB Hall

HURRICANE

7:00 pm Firehouse Campfire meeting- Hurricane Museum,

KANAB

7:00 pm Altered Attitudes - St. Christopher's Catholic Church 200 S. Main St. basement

35 State St. downstairs behind the bleachers

ST GEORGE

8:00 am Rise and Shine - Alano Club

10:00 am The Promises Women's (C) Alano Club

12 noon High Noon Meeting - Alano Club **3:00 pm** Grupo Fortaleza (Spanish) Alano Club

6:00 pm The Inbetweeners – USARA - 113 East 200 North

8:00 pm Speaker Meeting - Alano Club

SPRINGDALE

7:00 pm Zion Speaker Mtg – Community Center

Library Room, 126 Lion Blvd