

## AL-ANON MEETINGS

### BEAVER

#### Friday

12 noon 30 W 300 City Offices

### CEDAR CITY

#### Tuesday

7:00pm Easy Does It - KKCB 203 E Cobble Creek  
upstairs in small meeting room

#### Thursday

6:00pm Hope For Today - KKCB 203 E Cobble Creek  
upstairs in small meeting room

### HURRICANE

#### Wednesday

5:30pm - AFG - Pioneer Museum, 35W State St  
Basement in the back

### ST. GEORGE

#### Monday

12 noon Thank God It's Monday – SW Behavioral Center  
474 W-200N #208

6:00pm Dixie Men's Stag- USARA, dual members welcomed  
113 East 200 North Suite 1

#### Tuesday

8:00pm Al-Anon Meeting - Alano Club

#### Thursday

8:00pm Al-Anon Meeting - Alano Club

8:00pm St George Al-teen - Alano Club (1<sup>st</sup> & 3<sup>rd</sup> Thursday)

#### Friday

12 noon Serenity Seekers - Good Shepard Presbyterian Church  
611 N 2450 E, conference center behind church

6:00pm Newcomers-SW Center-474W-200N, childcare available

### SPRINGDALE

#### Monday

5:00pm Springdale Serenity Group  
126 Lion Blvd Community Center

## AL-ANON PHONE NUMBERS

*Please call the local contact number to confirm the accuracy of current meeting information*

CEDAR CITY Manny @ 435-559-3333  
HURRICANE Sheila @ 503-791-6557  
MESQUITE, NV Jan @ 702-533-3960  
ST. GEORGE Missy @ 612-309-4805

Or call or visit: Al-Anon/Alateen Information Service  
5056 South 300 West, Murray, UT 84107  
Open 10am to 4pm Monday through Saturday 801-262-9587 (local)  
866-262-9587 (toll free) [www.utah-alanon.org](http://www.utah-alanon.org)

## GENERAL RECOVERY

general recovery meetings do not observe AA's traditions

#### Sunday

5:30 pm Couples in Recovery - Alano Club

#### Monday

5:15 pm Women's Double Winners AA/Al-Anon - Alano Club

#### Wednesday

6:30 pm CoDA – Alano Club

## MESQUITE, NEVADA AA MEETINGS

<https://lvcentraloffice.org/meetings/>

## AL-ANON MEETINGS

[www.nevadaal-anon.org/Anon.org](http://www.nevadaal-anon.org/Anon.org)

## ARIZONA STRIP AA MEETINGS

**ALL ARIZONA MEETINGS ARE MOUNTAIN STANDARD  
TIME YEAR-ROUND (NO DAYLIGHT SAVINGS)**

### **Tuesday @ noon**

Kaibab Living Sober – Kaibab Community Bldg  
2230 N Pipe Spring Rd (Kaibab Paiute Reservation)

## PHONE LIST

**CALL SOMEONE BEFORE YOU DRINK!**  
Get phone numbers of other AA members:

1. Name: \_\_\_\_\_

Phone: \_\_\_\_\_

2. Name: \_\_\_\_\_

Phone: \_\_\_\_\_

3. Name: \_\_\_\_\_

Phone: \_\_\_\_\_

4. Name: \_\_\_\_\_

Phone: \_\_\_\_\_

5. Name: \_\_\_\_\_

Phone: \_\_\_\_\_

6. Name: \_\_\_\_\_

Phone: \_\_\_\_\_

7. Name: \_\_\_\_\_

Phone: \_\_\_\_\_

8. Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Scan QR code for up to date meeting information from  
Dixie Central Office online web page.



## **Alcoholics Anonymous & Al-Anon**

### **MEETING SCHEDULE**

District 7 UTAH

## **MAY 2023**

**Published monthly, changes from previous  
month in *italics***



### **Dixie Central Office**

P.O. Box 1715, 165 North 100 East #4  
St. George, UT 84770

**435-674-4791**

**For online meetings e.g. zoom and  
more, log on to [dixieaaoffice.com](http://dixieaaoffice.com)**

Utah Area: [aaofutah.org](http://aaofutah.org)

GSO NY AA: [www.aa.org](http://www.aa.org)

Utah AA District 7

**435-635-9603**

### **DIXIE ALANO CLUB**

559 North 1060 East  
St. George, UT 84770  
(435) 673-0608

### **KKCB Meeting Hall**

203 E. Cobble Creek -Upstairs  
Cedar City, Utah

Spanish Speaking Meetings:  
Contact Carlos – 801-427-5015

For changes or corrections to this meeting  
schedule, email Dixie Central Office at:

**[support@dixieaaoffice.com](mailto:support@dixieaaoffice.com)**

**ALL MEETINGS ARE OPEN AND NON-SMOKING  
UNLESS OTHERWISE NOTED.**

**OPEN** – all are welcome to attend; participation is limited to those who have a desire to stop drinking.  
**CLOSED -(C)** – attendance is limited to those who have a desire to stop drinking.  
**ZOOM (Z)** – go to [dixieaaoffice.com](https://dixieaaoffice.com) for logon information.

**SUNDAY**

**CEDAR CITY**

**7:00 am** What a Way to Start the Day - KKCB Hall  
**9:30 am** Meditation Meeting – north room, KKCB Hall  
**11:00 am** TGISS – KKCB Hall  
**6:30 pm** 12x12 Step Study, KKCB Hall

**KANAB**

**10:00 am** Sunday Morning Spiritual Meeting  
St. Christopher's Catholic Church, 200 S. Main St.  
**7:00 pm** As Bill Sees It - St. Christopher's Catholic Church  
200 S. Main St., basement

**PAROWAN**

**5:00 pm** Parowan Book Study – Parowan Senior Center  
685 N 300 E

**ST GEORGE**

**9:00 am** S.A.S.S. (C) Alano Club  
**11:00 am** Spiritual Meeting - Alano Club  
**5:30 pm** Freedom Group - USARA, 113 East 200 North  
**7:30 pm** Sunday Solution – Alano Club  
**8:00 pm** Dixie Group – “Joe and Charlie” discussion  
USARA, 113 East 200 North

**MONDAY**

**BEAVER**

**630pm** Highlighters Book Study– Dennys 630 W 1400 N  
Across from Eagles Landing

**CEDAR CITY**

**7:00 am** 7 In 7-Step/tradition study –KKCB Hall  
**11:00 am** Red Road to Sobriety - 440 N. Paiute Dr.  
rear door east side of bldg  
**12 noon** Speaking From The Heart – KKCB Hall  
**6:00 pm** Misfits – KKCB Hall  
**7:15 pm** Drop The Rock- men's mtg, KKCB Hall

**KANAB**

**12 noon** Came to Believe - American Legion Hall  
486 Senior Center Way  
**7:00 pm** Altered Attitudes Group - St. Christopher's Catholic  
Church 200 S. Main St. basement

**ST GEORGE**

**7:00 am** Rise and Shine - Alano Club  
**12 noon** High Noon Meeting - Alano Club  
**6:30 pm** Women's Living In The Light II (Z,C) - Alano Club  
**7:00 pm** Men's Big Book Study (C) – Alano Club  
**8:00 pm** Big Book Study - Alano Club

**MONDAY continued**

**SPRINGDALE**

**6:30 pm** Springdale Serenity Group  
126 Lion Blvd Community Center

**TUESDAY**

**BIG WATER**

**6:00 pm** AA meeting at Big Water City Offices, 60 Aaron Burr

**CEDAR CITY**

**7:00 am** 7 In 7 Step/tradition study – KKCB Hall  
**11:00 am** Red Road to Sobriety - 440 N. Paiute Dr.  
rear door east side of bldg

**12 noon** Speaking From The Heart – KKCB Hall

**12 noon** The Great Fact (C) True Life Center, 2111 N Main St

**6:00 pm** Misfits – KKCB Hall

**8:00 pm** The Cedar City Group - KKCB Hall

**LA VERKIN**

**7:00 pm** The Steps We Took, women's step study (Z,C) bring BB  
and 12x12 – Mtn View Bible Church 88 N State St

**PANGUITCH**

**7:00 pm** Firehouse 12x12 – 55 S Main St, around back of  
courthouse in basement

**HURRICANE**

**7:00 pm** Hurricane Big Book - Hurricane Museum,  
35 State St, downstairs behind the bleachers

**KANAB**

**6:00 pm** Singleness of Purpose (C) topic  
United Church 530 US-89A

**ST GEORGE**

**7:00 am** Rise and Shine - Alano Club  
**12 noon** High Noon Meeting - Alano Club  
**6:00 pm** Back to Basics (C) Alano Club  
**6:00 pm** The Jaywalkers – Big Book study  
USARA, 113 East 200 North Suite 1  
**7:00PM** Tonaquint Gp, Shepard Of The Hills Methodist Church  
920 W Tonaquint Dr  
**8:00 pm** Newcomer's Meeting - Alano Club

**WEDNESDAY**

**BEAVER**

**12 noon** Beaver Nooner's 30W 300N City Office Bldg

**CEDAR CITY**

**7:00 am** What a Way to Start the Day - KKCB Hall  
**11:00 am** Red Road to Sobriety - 440 N. Paiute Dr.  
rear door east side of bldg  
**12 noon** As Bill Sees It – KKCB Hall  
**6:00 pm** Misfits – KKCB Hall

**WEDNESDAY continued**

**HURRICANE**

**7:00 pm** Newcomers – Hurricane Museum  
35 State St, downstairs behind the bleachers

**KANAB**

**12 noon** Newcomers Meeting (Z) - St. Christopher's Catholic  
Church 200 S. Main St. basement

**PAROWAN**

**7:00 pm** - Red Creek Group - 685 N 300 E

**ST GEORGE**

**7:00 am** Rise and Shine - Alano Club  
**12 noon** High Noon Meeting - Alano Club  
**6:00 pm** Grupo Fortaleza (Spanish) Alano Club  
**8:00 pm** We Are Not Saints (YPAA) – Salvation Army  
803 South Bluff St

**TROPIC**

**6:00 pm** Tropic Group - Heritage Center, 20 N. Main

**VEYO**

**6:00 pm** Dammeron Valley/Brookside Firehouse Gp  
436 E Wells Fargo Dr New location

**THURSDAY**

**BEAVER**

**7:00 pm** Beaver Fellowship Group  
30 W 300 North City Office Bldg

**CEDAR CITY**

**7:00 am** 7 In 7 Step/tradition study – KKCB Hall  
**11:00 am** Red Road to Sobriety - 440 N. Paiute Dr.  
rear door east side of bldg

**12 noon** Speaking From The Heart – KKCB Hall

**6:00 pm** Misfits – KKCB Hall

**HURRICANE**

**7:00 pm** Firehouse Group - men's meeting  
Hurricane Museum, 35 State St  
downstairs behind the bleachers

**KANAB**

**12 noon** Came to Believe (C) American Legion Hall  
486 Senior Center Way  
**6:00 pm** Singleness of Purpose (Z,C) – step study  
United Church 530 US - 89A

**ST GEORGE**

**7:00 am** Rise and Shine - Alano Club  
**12 noon** High Noon Meeting - Alano Club  
**6:00 pm** Tolerance 12x12 Step Study (C)  
USARA, 113 East 200 North Suite 1  
**6:30 pm** Womens Design For Living Step Study (C) - Alano Club  
**8:00 pm** Thursday Nite is Alright - Alano Club

**FRIDAY**

**HURRICANE**

**7:00 pm** Firehouse Group -Hurricane Museum  
35 State St, downstairs behind the bleachers

**KANAB**

**12 noon** Nooner's Altered Attitudes – St Christopher's  
Catholic Church 200 S. Main St.

**CEDAR CITY**

**7:00 am** What a Way to Start the Day - KKCB Hall  
**11:00 am** Red Road to Sobriety - 440 N. Paiute Dr.  
rear door east side of bldg

**12 noon** The Great Fact (C)  
True Life Center 2111 N Main St

**12 noon** Speaking From The Heart - KKCB Hall

**6:00 pm** Misfits – KKCB Hall, upstairs

**ST GEORGE**

**7:00 am** Rise and Shine - Alano Club  
**12 noon** High Noon Meeting - Alano Club  
**6:00 pm** Grupo Fortaleza (Spanish) Alano Club  
**8:00 pm** Candlelight - Alano Club

**SATURDAY**

**BEAVER**

**7:00 pm** Beaver Fellowship Gp - 30W 300N City Office Bldg  
(last Saturday of each month 6pm Potluck followed  
by 7pm speaker meeting)

**CEDAR CITY**

**7:00 am** 7 in 7-Step/Tradition Study- KKCB Hall  
**12 noon** Speaking From The Heart - KKCB Hall  
**6:30 pm** BB Study – KKCB Hall, upstairs  
**8:00 pm** “My Story” Speaker Meeting - KKCB Hall

**HURRICANE**

**7:00 pm** Firehouse Campfire meeting – Hurricane Museum  
35 State St, downstairs behind the bleachers

**PANGUITCH LAKE**

**6:00 pm** Firehouse - 811 W. Clear Creek Canyon Rd

**KANAB**

**7:00 pm** Altered Attitudes - St. Christopher's Catholic Church  
200 S. Main St. basement

**ST GEORGE**

**8:00 am** Rise and Shine - Alano Club  
**10:00 am** The Promises Women's (C) Alano Club  
**12 noon** High Noon Meeting - Alano Club  
**3:00 pm** Grupo Fortaleza (Spanish) Alano Club  
**8:00 pm** Speaker Meeting - Alano Club

**SPRINGDALE**

**7:00 PM** Zion Speaker Mtg - Canyon Community Center  
Library Room, 118 Lion Blvd