

## AL-ANON MEETINGS

### CEDAR CITY

#### Tuesday

7:00pm Easy Does It - KKCB 203 E Cobble Creek upstairs in small meeting room

#### Thursday

6:00pm Hope For Today - KKCB 203 E Cobble Creek upstairs in small meeting room

### HURRICANE- Wednesday

5:30pm - AFG - Pioneer Museum, 35W State St Basement in the back

PAROWAN No meetings at this time

### ST. GEORGE

#### Monday

12 Noon Thank God It's Monday – SW Behavioral Center 474 W-200N #208

6:00pm Dixie Men's Stag- USARA, dual members welcomed 113 East 200 North Suite 1

#### Tuesday

8:00pm Al-Anon Meeting - Alano Club

#### Thursday

8:00pm Al-Anon Meeting - Alano Club

8:00pm St George Al-teen - Alano Club (1<sup>st</sup> & 3<sup>rd</sup> Thursday)

#### Friday

12 noon Serenity Seekers - Good Shepard Presbyterian Church 611 N 2450 E, conference center behind church

6:00pm Newcomers-SW Center-474W-200N, childcare available

## AL-ANON PHONE NUMBERS

*Please call the local contact number to confirm the accuracy of current meeting information*

CEDAR CITY Manny @ 435-559-3333  
PAROWAN  
HURRICANE Liz @ 469-855-9797  
MESQUITE, NV Jan @ 702-533-3960  
ST. GEORGE Terri @ 435-668-5383

Or call or visit: Al-Anon/Alateen Information Service  
5056 South 300 West, Murray, UT 84107  
Open 10 a.m. to 4 p.m. Monday through Saturday 801-262-9587  
(local) 866-262-9587 (toll free) [www.utah-alanon.org](http://www.utah-alanon.org)

## GENERAL RECOVERY

#### Sunday

5:30pm Couples in Recovery - Alano Club

#### Monday

5:15 pm Women's Double Winners AA/Al-Anon - Alano Club

## MESQUITE, NEVADA

“Sharing and Caring AA Group”

51 E. 1<sup>st</sup> North Street

Mesquite College Campus Complex, gymnasium

(702) 346-6315

*ALL NEVADA MEETINGS ARE PACIFIC TIME*

## Sunday through Saturday

7:00am Open discussion daily

9:00 am Open discussion daily

12:30pm Open discussion daily

6:30 pm Open discussion daily

## Grupo Mezquite Sun, Mon, Thur, Fri, Sat

8:00pm AA Meeting- Spanish speaking

### Sunday & Wednesday

10:30am Women's Open Meeting

## AL-ANON MEETINGS

#### Sunday

3:00 pm AFG Mesquite Vet, Clinic, 371 Riverside Rd Annex bldg

[www.nevadaal-anon.org/Anon.org](http://www.nevadaal-anon.org/Anon.org)

## ARIZONA STRIP AA MEETINGS

*ALL ARIZONA MEETINGS ARE MOUNTAIN STANDARD TIME YEAR-ROUND (NO DAYLIGHT SAVINGS)*

### Tuesday @ noon

Kaibab Living Sober – Kaibab Community Bldg  
2230 N Pipe Spring Rd (Kaibab Paiute Res.)

## PHONE LIST

**CALL SOMEONE BEFORE YOU DRINK!**  
**Get phone numbers of other AA members:**

1. Name: \_\_\_\_\_

Phone: \_\_\_\_\_

2. Name: \_\_\_\_\_

Phone: \_\_\_\_\_

3. Name: \_\_\_\_\_

Phone: \_\_\_\_\_

4. Name: \_\_\_\_\_

Phone: \_\_\_\_\_

5. Name: \_\_\_\_\_

Phone: \_\_\_\_\_

6. Name: \_\_\_\_\_

Phone: \_\_\_\_\_

7. Name: \_\_\_\_\_

Phone: \_\_\_\_\_

8. Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Scan QR code for up to date meeting information from  
Dixie Central Office online web page.



## **Alcoholics Anonymous & Al-Anon**

### **MEETING SCHEDULE**

District 7 UTAH

**May 2022**

**Published monthly, changes from previous  
month in *italics***



### **Dixie Central Office**

P.O. Box 1715, 165 North 100 East #4

St. George, UT 84770

**435-674-4791**

**For online meetings e.g. zoom and  
more, log on to [dixieaaoffice.com](http://dixieaaoffice.com)**

Utah Area: [aaofutah.org](http://aaofutah.org)

GSO NY AA: [www.aa.org](http://www.aa.org)

Utah AA District 7

**435-635-9603**

### **DIXIE ALANO CLUB**

559 North 1060 East

St. George, UT 84770

(435) 673-0608

### **KKCB Meeting Hall**

203 E. Cobble Creek -Upstairs

Cedar City, Utah

Spanish Speaking Meetings:

Contact Carlos – 801-427-5015

For changes or corrections to this meeting  
schedule, email Dixie Central Office at:

**[support@dixieaaoffice.com](mailto:support@dixieaaoffice.com)**

**ALL MEETINGS ARE OPEN AND NON-SMOKING  
UNLESS OTHERWISE NOTED.**

**CLOSED** -(C) – attendance is limited to those who have a desire to stop drinking.  
**OPEN** – all are welcome to attend; participation is limited to those who have a desire to stop drinking.

**SUNDAY**

**CEDAR CITY**

- 7:00 am** What a Way to Start the Day  
KKCB 203 E.Cobble Creek
- 11:00 am** TGISS – KKCB 203 E. Cobble Creek
- 6:00 pm** Misfits – KKCB 203 E. Cobble Creek, north room
- 6:30 pm** 12x12 Step Study, KKCB 203 E. Cobble Creek
- KANAB**
- 10:00 am** Sunday Morning Spiritual Meeting  
St. Christopher's Catholic Church, 200 S. Main St.
- 7:00 pm** As Bill Sees It - St. Christopher's Catholic Church  
200 S. Main St., basement

**PAROWAN**

- 5:00 pm** AA Book Study – Parowan Senior Ctr, 685 N, 300 E

**ST GEORGE**

- 9:00 am** S.A.S.S. (C) Alano Club
- 11:00 am** Spiritual Meeting - Alano Club
- 5:30 pm** Freedom Group - Steps Recovery Center  
1085 S Bluff St
- 7:30 pm** Sunday Solution – Alano Club
- 8:00 pm** Dixie Group – “Joe and Charlie” discussion  
Grace Episcopal Church, 1074 E 900 S

**MONDAY**

**BEAVER**

- 6:30pm** Highlighters Book Study– 30 W 300 City Offices

**CEDAR CITY**

- 7:00am** 7 In 7-Step/tradition study -KKCB-203 E.Cobble Creek
- 11:00am** Red Road to Sobriety - 440 N. Paiute Dr.  
rear door east side of bldg
- 12 noon** Speaking From The Heart – KKCB 203 E.Cobble Creek
- 6:00pm** Misfits – KKCB 203 E. Cobble Creek

**KANAB**

- 12 noon** Came to Believe - American Legion Hall  
486 Senior Center Way
- 7:00pm** Altered Attitudes Group - St. Christopher's Catholic  
Church 200 S. Main St. basement

**ST GEORGE**

- 7:00 am** Rise and Shine - Alano Club
- 12 noon** High Noon Meeting - Alano Club
- 6:30 pm** Women's Living In The Light II (C) - Alano Club
- 7:00 pm** Men's Big Book Study (C) – Alano Club
- 8:00 pm** Big Book Study - Alano Club

**MONDAY continued**

**SPRINGDALE**

- 6:30PM** Springdale Serenity Group  
126 Lion Blvd, in pavilion outside

**HURRICANE**

- 7:00pm** The Steps We Took, women's step study (C)  
bring BB and 12x12 - Hurricane Museum, 35 State St

**TUESDAY**

**BIG WATER**

- 7:00 pm** AA meeting at Big Water City Offices, 60 Aaron Burr

**CEDAR CITY**

- 7:00 am** 7 In 7 Step/tradition study – KKCB 203 E.Cobble Creek
- 11:00 am** Red Road to Sobriety - 440 N. Paiute Dr.  
rear door east side of bldg

- 12 noon** Speaking From The Heart – KKCB 203 E.Cobble Creek

- 12 noon** The Great Fact (C) True Life Center, 2111 N Main St

- 6:00 pm** Misfits – KKCB 203 E. Cobble Creek

- 8:00 pm** The Cedar City Group - KKCB 203 E. Cobble Creek

**HURRICANE**

- 7:00 pm** Hurricane Big Book - Hurricane Museum,  
35 State St, downstairs behind the bleachers

**KANAB**

- 8:00 pm** Singleness of Purpose (C)  
United Church 530 US-89A

**ST GEORGE**

- 7:00 am** Rise and Shine - Alano Club
- 12 noon** High Noon Meeting - Alano Club
- 6:00 pm** Back to Basics (C) Alano Club
- 6:00 pm** The Jaywalkers – Big Book study  
USARA, 113 East 200 North Suite 1
- 8:00 pm** Newcomer's Meeting - Alano Club

**WEDNESDAY**

**CEDAR CITY**

- 7:00am** What a Way to Start the Day  
KKCB 203 E.Cobble Creek
- 11:00am** Red Road to Sobriety - 440 N. Paiute Dr.  
rear door east side of bldg
- 12 noon** As Bill Sees It – KKCB 203 E. Cobble Creek

- 6:00 pm** Misfits – KKCB 203 E. Cobble Creek

**DAMMERON VALLEY**

- 6:00 pm** Dammeron Valley Firehouse Group  
Community Center 1299 Dammeron Vly Ranch Rd

**HURRICANE**

- 7:00pm** Newcomers – Hurricane Museum  
35 State St, downstairs behind the bleachers

**WEDNESDAY continued**

**KANAB**

- 12 noon** Newcomers Meeting - St. Christopher's Catholic  
Church 200 S. Main St. basement

**PAROWAN**

- 7:00 pm** - Red Creek Group - 685 N 300 E

**ST GEORGE**

- 7:00 am** Rise and Shine - Alano Club
- 12 noon** High Noon Meeting - Alano Club
- 6:00 pm** Grupo Fortaleza (Spanish) Alano Club
- 8:00 pm** We Are Not Saints (YPAA) – Salvation Army  
803 South Bluff St

**TROPIC**

- 6:00 pm** Tropic Group - Heritage Center, 20 N. Main

**THURSDAY**

**BEAVER**

- 7:00pm** Beaver Fellowship Group  
30 W 300 North City Office Bldg

**CEDAR CITY**

- 7:00am** 7 In 7Step/tradition study – KKCB 203 E. Cobble Creek
- 11:00 am** Red Road to Sobriety - 440 N. Paiute Dr.  
rear door east side of bldg
- 12 noon** Speaking From The Heart – KKCB 203 E. Cobble Creek
- 6:00 pm** Misfits – KKCB 203 E Cobble Creek

**HURRICANE**

- 7:00pm** Hurricane Firehouse Group - men's meeting  
Hurricane Museum, 35 State St  
downstairs behind the bleachers

**KANAB**

- 12 noon** Came to Believe (C) American Legion Hall  
486 Senior Center Way
- 5:30 pm** Singleness of Purpose - United Church 530 US - 89A

**ST GEORGE**

- 7:00 am** Rise and Shine - Alano Club
- 12 noon** High Noon Meeting - Alano Club
- 6:00 pm** Tolerance 12x12 Step Study (C)  
USARA, 113 East 200 North Suite 1
- 8:00 pm** Thursday Nite is Alright - Alano Club

**FRIDAY**

**HURRICANE**

- 7:00 pm** Firehouse Meeting -Hurricane Museum  
35 State St, downstairs behind the bleachers

**KANAB**

- 12 noon** Nooner's Altered Attitudes – St Christopher's  
Catholic Church 200 S. Main St.

**FRIDAY continued**

**CEDAR CITY**

- 7:00 am** - What a Way to Start the Day  
KKCB 203 E. Cobble Creek
- 11:00 am** Red Road to Sobriety - 440 N. Paiute Dr.  
rear door east side of bldg
- 12 noon** The Great Fact (C)  
True Life Center 2111 N Main St
- 12 noon** Speaking From The Heart  
KKCB 203 E. Cobble Creek
- 6:00 pm** Misfits – KKCB 203 E. Cobble Creek, upstairs

**ST GEORGE**

- 7:00 am** Rise and Shine - Alano Club
- 12 noon** High Noon Meeting - Alano Club
- 6:00 pm** Grupo Fortaleza (Spanish) Alano Club
- 8:00 pm** Candlelight - Alano Club

**SATURDAY**

**BEAVER**

- 7:00pm** Beaver Fellowship Group - 30 W 300 North City  
(last Saturday of each month 6pm Potluck followed  
by 7pm speaker meeting)

**CEDAR CITY**

- 7:00 am** 7 in 7-Step/Tradition Study- KKCB 203 Cobble Ck
- 10:30 am** Legendary Ladies Women's Meeting  
KKCB 203 E. Cobble Creek,north room
- 12 noon** Speaking From The Heart  
KKCB 203 E. Cobble Creek
- 6:00 pm** Misfits – KKCB 203 E. Cobble Creek, north room
- 6:30 pm** BB Study – KKCB 203 E Cobble Creek, upstairs
- 8:00 pm** “My Story” Speaker Meeting - KKCB 203 E. Cobble

**TOQUERVILLE**

- 8:00 pm** *Firehouse Campfire meeting – May thru Oct  
1533 Cane Cir., meet around back*

**KANAB**

- 12 noon** Women's Noon – American Legion Hall  
486 Senior Center Way
- 7:00 pm** Altered Attitudes - St. Christopher's Catholic Church  
200 S. Main St. basement

**ST GEORGE**

- 8:00 am** Rise and Shine - Alano Club
- 10:00 am** The Promises Women's (C) Alano Club
- 12 noon** High Noon Meeting - Alano Club
- 3:00pm** Grupo Fortaleza (Spanish) Alano Club
- 8:00 pm** Speaker Meeting - Alano Club